

Welcome home One Day Racers!

Thanks so much for coming out this past weekend to race in our backyard. We were thrilled to see so many people supporting Odyssey and the sport of adventure racing. We hope everyone had fun and enjoyed the VERY challenging race course we laid out for you. This was not a normal Odyssey event. We went “old school” on this one. We have spent the last five years trying to change our brand from being the hardest races in the country that no one finishes to races that were still challenging and beautiful but doable.

We (I) just had to get this one out of my system. This was my backyard and you some times forget how hard something can be once you do it a few times. During the pre run I knew the course was going to be hard and the navigation challenging. I still felt the course was doable for half the teams but the 99° temperatures didn't help out. We want the races to be challenging and doable. If you don't get real lost or lost too often and make the best route choices possible, you should finish Odyssey's mandatory race course. We hope this didn't scare anyone of but made you more motivated to be training harder for anything that might be thrown at you. For the first time racers and seasoned veterans you did a great job making it as far as you did.

The Fall Finale 24 HR. Adventure Race will not be so hard, but it **will** still be challenging and beautiful!

We had 3 teams finish the race officially.

1<sup>st</sup>- **ImONPoint.org/Odyssey Adventure Racing**- Shane Hagerman, Andrew Bacon, Charlie Roberts, Sara Dallman

2<sup>nd</sup>- **Berlin Bike/Trakkers**- Ben Moore, Ernie Lawas, Monika Sattler, Scott Johnson

3<sup>rd</sup>- **Dark Horse/HTFU**- Thomas Smith, David Darby, Mary Guertin, Doug Guertin

Congratulations to all teams and soloists! Overall & Division Results + CP timesheet are available at <http://www.oarevents.com/results/index.shtml>

We want to make a special note about Team SOG, who were only 22 minutes from winning the race. They had one more optional point than ImONPoint.org/Odyssey Adventure Racing but didn't make the official race cutoff time. They crushed the last 16 mile bike ride back 15minutes faster then anyone else to trying to make it under the cutoff time. ImONPoint.org/Odyssey Adventure Racing just made it in with under one minute to spare.

We also had a couple of soloists finish the race unofficially only due to their finish over the 24hr time limit: **Scott Wight** and **Joe Graber** (Tranquility Base). Scott snagged 11 mandatory checkpoints and Joe was just 17min shy of the cutoff. These gentlemen didn't have the “luxury” of teammates for a paceline during the last biking leg of the race. Well done.

Special thanks to our sponsors: We would like to thank our sponsors for supporting Odyssey Adventure Racing and the sport of adventure racing at large. [ImONPoint.org](http://ImONPoint.org),

[Mad Athlete](#), [Zanfel](#), [Hammer Nutrition](#), [Sierra Summits](#), and [Nuun](#): for the goodies in your race bags and door prizes. Thanks to the Wilderness Adventure at Eagle Landing staff and venue. It was a beautiful setting for another fantastic Odyssey event.

As always, we were blessed with a really great group of volunteers. I had several mention how many of you expressed your thanks at the CPs. Thank you for doing this! It means a lot to me to know that they are hearing your appreciation firsthand.

We would like to thank Chris Radcliffe and George Terrizzi of [MadRaceMedia](#). They were all over the race courses. They will be posting the photos on Chris's website by Friday and they will be available for purchase.

We have a few more events remaining this year.

Our [Trail Running Rampage](#) on September 18 at Douthat State Park, VA will have a Trail Ultra 40 miler, Trail Marathon, Half Marathon & 5 miler.

Our [Fall Finale 24 Hour](#) and [Fall Finale Sprint](#) Adventure Races on October 16 in Buchanan, VA will have teams and soloist paddling, trekking and mt. biking in the beautiful fall colors of the Blue Ridge Mountains.

Our [24 Hour and 8 Hour Adventure Racing Ogaine](#) on Nov. 6 at Douthat State Park, VA will have teams plotting UTM's and finding points off trail just like the orienteering courses you see in our adventure races.

If you had trouble or would like to brush up on your map and compass and route finding skills along with helpful adventure racing tips, we have a [Land Navigation Clinic](#) on August 7, September 11 and November 20. This will be a 10-12 hour clinic with 5-6 hours of classroom instruction and 5-6 hours of day and night land navigation in the woods. These clinics are only open to 12 people and fill up fast. I would like to offer you a discount of \$25 off the August 7 navigation clinic. Contact me for the discount. We also have an [Advanced Navigation Clinic](#) on October 2.

If your fitness or skills need improvement, Next Level Coaching and Fitness can help you and your team. Personalized training programs, one on one and group skills training and nutrition consulting are available. Contact Ronny Angell at [nextlevelcoachingandfitness@gmail.com](mailto:nextlevelcoachingandfitness@gmail.com) to see how he can put his 10 years of racing and training athletes to use to help take you to the next level.

We can never have too many volunteers. Come out to the September races and earn volunteer credits usable towards any Odyssey event in the next 5 years. 4 days volunteering = a FREE day of racing for ANY Odyssey event. Credit is fully transferable so pass along the event schedule to your friends and relatives as well...they can earn you free races!

If you haven't already signed up for the [Odyssey e-Newsletter](#), you may do so via <http://www.oarevents.com>. You'll be the first to hear the latest news, stories & updates, and I'll send along reminders as deadlines approach.

Good Luck with the remainder of your race season!

All our best,  
Ronny  
& Your Odyssey Adventure Racing Team

[www.OARevents.com](http://www.OARevents.com)  
[info@OARevents.com](mailto:info@OARevents.com)