

Hello Odyssey Trail Running Rampage Competitors!

My Staff and I would like to thank you all again for participating in our event this weekend. We hope you all made it home safe. It was a pleasure to cheer you on and shake your hand as you crossed the finish line.

We would like to congratulate all the finisher also and especially the first timers to the world of trail running. We hope you are hooked. We have a great time playing in the dirt!

The full results will be posted on our website.

<http://www.oarevents.com/events/2009/TrailRunningRampage.shtml> -PDF

<http://www.oarevents.com/results/index.shtml> - Excel

The date for the Trail Running Rampage is set for September 18, 2010, so mark it on your next year's race calendar. These events will have the same great venue, the same great trails, the same great views, and the same great weather. (I have already put the request into Mother Nature). We may be adding a 4.5 miler. It would be run on the same course between 9 and 13.6 miles of the loop. The flat stuff! Bring your friends that are not ready for the half marathon.

Be sure to check the [National College Blue Ridge Marathon](#) on April 24, 2010. This will be a beautiful and challenging course also.

You can check out your photos at [http://www.marathon-photos.com/scripts/event\\_entry.py?event=Sports/CPUK/2009/Odyssey%20Trail%20Running%20Rampage](http://www.marathon-photos.com/scripts/event_entry.py?event=Sports/CPUK/2009/Odyssey%20Trail%20Running%20Rampage) . They look good!!

We sent everyone a survey via email Sunday. Please take a few minutes to fill this out for us. We are always striving to make our events better, attract more sponsors, and work with the local governments to help us grow our events. This survey will help us achieve this goal. Here is the link to the survey just in case you didn't receive it.

[www.eventsresponse.com/surveys/2009OdysseyTrailRun.html](http://www.eventsresponse.com/surveys/2009OdysseyTrailRun.html)

If you liked the Hammer Nutrition products you tried on the course you can get a 15% discount on you first order by going through our web site by clicking on the Hammer Nutrition logo. Be sure to check out our other great sponsors also, [Headsweats](#), [Zanfel](#), and [Trail Runner](#).

We look forward to see you next year at this event or at one of our other events.

Thanks,

Ronny Angell  
Race Director  
& Your Odyssey Adventure Racing Team

