

## **2009 Revised Trail Run Loop Description for the Odyssey Half Marathon, Marathon, and 40 Mile Ultra Trail Running Races**

All the Trail Running Rampage races will start at 7:00am at Discovery Center at Camp Carson. The runners will take Blue Suck Falls Trail to Tuscarora Trail. Take Left onto Tuscarora Trail. Continue on the Tuscarora Trail. At the Tuscarora Trail and the Tuscarora Overlook Trail intersection take a left and go to the overlook and check in at the cabin. There will be VERY limited water and food for emergencies. This is mile 4 of the loop.

Turn around and go back to the Tuscarora Overlook Trail and Tuscarora Trail intersection and take a left onto Tuscarora Trail. Continue on Tuscarora Trail to Stony Run Trail. Take Left on Stony Run Trail. Continue on the Stony Run Trail to Locust Gap trail. Take Left onto Locust Gap trail. Continue on the Locust Gap trail to Beards Gap Hollow Trail. Take Right onto Beards Gap Hollow Trail. Continue on the Beards Gap Hollow Trail. There is an aid station at the end of the Beards Gap Hollow Trail at park service gravel road. This is mile 9 of the loop.

Take gravel road to SR 629. At SR 629 take a left, run on the road to access Wilson Creek Trail. Take Right access Wilson Creek Trail at old chimney stack. Take Left at old chimney stack onto Wilson Creek Trail. Continue on Wilson Creek Trail to SR 629 at the entrance to the Cabins, take Right on SR 629. Take SR 629 to Beaver Dam Campground "B". Take Left into Beaver Dam Campground "B", go to end of campground to access Salt Stump Trail. There is an aid station at the beginning of the Salt Stump Trail. This is mile 10.5 of the loop.

Take Salt Stump to Backway Hollow Trail. Take Left onto Backway Hollow Trail. Continue on Backway Hollow Trail to Huff Trail. Take Left onto Huff Trail. Continue on Huff Trail to Middle Hollow Trail. Take Left onto Middle Hollow Trail. Continue on Middle Hollow Trail to Heron Trail. Take right onto Heron Trail. Continue on Heron Trail. Cross the bridge at the intersection of Heron Trail and Blue Suck Trail. Take left to head back to Start/Finish/Transition Area(TA).

The Half Marathoners are done. The Marathoners and 40 Ultra runners will check at the entrance to the TA. There will be an aid station here. Marathoners and 40 Ultra runners are able to access there supplies for the next loop(s) in the TA. The Marathoners will have one more loop and the 40 Mile Ultra runners will have two more loops.

**ALL RUNNERS WILL NEED TO CHECK IN AT THE CABIN ON THE TUSCARORA TRAIL AND AT THE TRANSITION AERA ON EACH LOOP.**